Herfstcriterium 2026: Session: 1: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Herreman Kurt

Coaches: Bouckaert Stefan HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 200M FREESTYLE MEN 13+ Heat:5, starttime: 14:10

Heat: 5/6 Lane : 7 Athlete: BAEYENS SIEMEN **Q-time: 02:10:01**

PB (25m pool): 02:10.01 Brugge 04/10/2026 **PB (50m pool):** 02:12.52 **SB:** 02:10.01 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:29.14		01:02.03		01:36.27		02:10.01
		00:29.14		*00:32.89*		*00:34.24*		*00:33.74*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 200M FREESTYLE MEN 13+ Heat:6, starttime: 14:15

Heat: 6/6 Lane : 3 Athlete: BRUYNEEL FERRE **Q-time: 02:04:67**

PB (25m pool): 02:04.67 Meulebeke 25/10/2026 **PB (50m pool):** 02:09.37 **SB:** 02:04.67 Meulebeke 25/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:29.11		01:00.64		no time		02:04.67
		00:29.11		*00:31.53*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 50M BREASTSTROKE MEN 13+ Heat:4, starttime: 14:35

Heat: 4/4 Lane : 2 Athlete: BAEYENS SIEMEN **Q-time: 00:33:40**

PB (25m pool): 00:33.40 Brugge 04/10/2026 **PB (50m pool):** 00:34.11 **SB:** 00:33.40 Brugge 04/10/2026

	25 M	50 M	
PB		00:33.40	
		00:33.40	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 1: COACH evaluation sheet for TEAM: TIME

Event number: 4: 50M FREESTYLE WOMEN 13+ — Heat:5, starttime: 14:40

Heat: 5/6 Lane : 1 Athlete: LANDUYT ANNA-LUCIA — **Q-time: 00:30:38**

PB (25m pool): 00:29.19 Braine l Alleud 31/03/2024 **PB (50m pool):** 00:29.44 **SB:** no time

	25M	50M	
PB		00:29.19	
	00:29.19		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BUTTERFLY MEN 13+ — Heat:4, starttime: 14:50

Heat: 4/6 Lane : 7 Athlete: BAEYENS SIEMEN — **Q-time: 01:11:25**

PB (25m pool): 01:11.25 Diksmuide 12/10/2025 **PB (50m pool):** 01:12.23 **SB:** no time

	25M	50M	75M	100M	
PB		00:31.75		01:11.25	
	00:31.75		*00:39.50*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 13+ — Heat:7, starttime: 15:10

Heat: 7/7 Lane : 4 Athlete: LANDUYT ANNA-LUCIA — **Q-time: 01:11:38**

PB (25m pool): 01:08.09 Braine l Alleud 31/03/2024 **PB (50m pool):** 01:11.59 **SB:** no time

	25M	50M	75M	100M	
PB		no time		01:08.09	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: